

# Newcastle Elementary PTSA

Parent Teacher Student Association

PTA Unit: 2.6.18 • PTSA Presidents: Kim Plowman/Edana Peacock • Newsletter Editor: Sangeet Kindra

March 14th, 2014  
2013-2014 School Year  
Issue 6

## Cub News

### Upcoming Events

Friday, March 14<sup>th</sup>  
Report Cards Go Home

4<sup>th</sup> Grade Wax Museum  
2:00 pm  
Newcastle Commons

Thursday, March 20<sup>th</sup>  
4<sup>th</sup> Grade Concert  
6:30 pm - 8:00 pm

Thursday, March 27<sup>th</sup>  
5<sup>th</sup> Grade Visit to  
Maywood

Friday, March 28<sup>th</sup>  
Mochas with Marla  
9:15 am  
Newcastle Commons

Wednesday, April 16<sup>th</sup>  
Orange Ruler Fun Run  
Kick-Off Assembly  
10:00 am

### Presidents' Note

Our Nominating Committee is hard at work looking for an amazing team of parents to lead our PTSA for the 2014-2015 school year! If you know Janet Cloud, Lana Miller or Heather Ackermann, please take a moment to ask them for more information on getting involved in PTSA. These 3 ladies are responsible for putting together our team of PTSA leaders for the 2014- 2015 school year. Having qualified people step into leadership positions at Newcastle will ensure success for many years into the future. We're so excited to have new faces and new energy to add to our organization! Please contact them for more information or if you know someone who wants to get more involved:

Janet Cloud, [robjanetcloud@yahoo.com](mailto:robjanetcloud@yahoo.com)  
Lana Miller, [chrisandlana@yahoo.com](mailto:chrisandlana@yahoo.com)  
Heather Ackermann, [hm\\_ackermann@yahoo.com](mailto:hm_ackermann@yahoo.com)

We are honored that you've trusted us to lead this organization for 3 years and we look forward to transitioning next year's Presidents during the last few months of this school year. Please contact either one of us if you would like to learn more!

Edana Peacock & Kim Plowman  
[edanatish@aol.com](mailto:edanatish@aol.com)/[kplowman@premieremarket.com](mailto:kplowman@premieremarket.com)  
Newcastle PTSA Co-Presidents

### Last Chance to Submit Pictures for the Yearbook!



The yearbook is a combination of formal portraits taken by Dorian Studios and your candid photos. The broader the spectrum of candid photos, the more we can capture the incredible learning our students receive during the year.

Please submit photos of field trips (think Salmon Hatchery, Remlinger Farms, JA Biz Town, 5<sup>th</sup> Grade Camp, etc.) and classroom projects (Pumpkin Caper, Toy Makers Workshop, Art Docent, etc.) to [newcastle.yearbook.photos@gmail.com](mailto:newcastle.yearbook.photos@gmail.com) by Friday, March 22, 2014.

If you have any questions, please contact Meri Hartman at [merimelissa@yahoo.com](mailto:merimelissa@yahoo.com)

## Lost and Found

Next time you're on school grounds, remember to swing by the Lost and Found to see if your student's missing items are there! Thank you!

## Save the Date! Health & Fitness Family Night - Friday, May 16 from 6 - 8 PM



Planning is underway for the last family night of the school year. There will be a wide variety of fun fitness activities and challenges for the kids as well as involvement from community partners. Much more to come! In the meantime, if you would like to be involved with the planning or lend a helping hand event night, please contact Sue Wilkos (suewilkos@comast.net) or Georgia Forchuk (gforchuk@msn.com.) We'd love to have your support!

## Spring Fundraiser: Get Ready Parents!

We are excited to announce our Spring Fundraiser, the Orange Ruler Fun Run! This program will last for approximately two weeks beginning with our kick-off assembly on Wednesday, April 16.

The Orange Ruler team has put together a fun-filled experience for our children and school that focuses on teamwork, staying active and believing in yourself. This important program will help us raise much-needed funds that will be used for PTSA funded programs like Reading Club EA support, classroom grants and the art docent program.

Please be on the lookout for the Orange Ruler parent letter and donation envelope, which will be coming home with your child on the day of the kick-off assembly.

Get ready for our great Spring Fundraiser! Thank you!

Eileen Rubenstein & Anne Lehr, Co-Chairs  
([edrubenstein@hotmail.com](mailto:edrubenstein@hotmail.com) / [lehrfam5@gmail.com](mailto:lehrfam5@gmail.com))



## There's a Dance Party in the Gym!!

You've probably heard about it! You may have even taken a class at the local Coal Creek Y! Well now your kids get to experience the fun and exhilaration of Zumba® because Zumba® Kids and Zumba® Kids Jr. is coming to Newcastle Elementary!

Licensed Zumba Instructor and Newcastle parent, Chris Longfellow, will lead the students through a Zumba Kids or Kids Jr. class during their regularly scheduled P.E. classes next week, March 17-21. The Zumba® Kids program is the ultimate dance-fitness party for young Zumba fans ages 7-11, where they can play it loud and rock with friends to their own rules! It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! Zumba® Kids Jr. classes are a dance 'n' play party for lil' feet where pint-sized party animals get silly, dream big and begin their journey to a healthy future. Here they can socialize, move to age-appropriate music and play games with other kids.

### Weekly Schedule

**Monday:** Keller, Laing, Reimer, Neugebauer and Eislee  
**Tuesday:** Rickey, Andriesen, Christensen, McKenzie, Thomas, and Andrews  
**Wednesday:** Rudolph, Laughlin, Binks and De Jesus  
**Thursday:** Simonsen, Hirshberg, and Crawford  
**Friday:** Brousseau, Genereaux, Johnson, Cakarnis, Lanham, and Robinson

For more information on the Zumba® Kids and Zumba® Kids Jr. programs, or to find a class near you, please [click here](#).

Chris Longfellow, AFAA Certified Fitness Instructor  
 Zumba Licensed Instructor  
 ACSM, CPT  
 425/221-1574



**CONGRATULATIONS** to our **2014 Classroom Enrichment Grant** winners! Sixteen teachers from across the District learned of their awards with surprise visits from the Foundation's Balloon Brigade on Friday, February 28. Books and instructional resources were in high demand with grants awarded for leveled books for kindergarteners, author visits, and applications to help low vision readers. Other winning proposals include "Investigating the Micro-Wold We Live In" at Maywood Middle School, "Writing with ipads" at Maple Hills Elementary and Greek and Latin class materials at Pacific Cascade Middle School. Newcastle's own Laura Berry was awarded a grant to allow us to update our visual media collection with DVD titles to replace outdated VHS tapes! [See the complete list of winners here.](#)

### ***Nourish Every Mind Breakfast Draws Local Celebrity***

We're thrilled to announce that Molly Shen, KOMO 4 news anchor and Issaquah School District parent will emcee our inaugural ***Nourish Every Mind*** Breakfast. The Breakfast, like the Luncheon, will feature inspirational speakers, interactive teacher displays and evidence of the impact donor dollars have on our schools. The only difference? ...a slightly abbreviated program and early start time. Please Save-the-Date and plan to join us for the ***Nourish Every Mind Luncheon on Thursday, May 8 or Breakfast on Wednesday, May 14.*** Proceeds will be used to fund programs and initiatives that benefit every Issaquah School District student. Newcastle is hosting 2 tables at the Luncheon and we'd love to have you join us! Please contact Edana Peacock ([edanatish@aol.com](mailto:edanatish@aol.com)) to reserve your seat.

### **Witness Writing Wizardry**



This year, Foundation donors underwrote the cost of professional development for the District's new elementary Writing Curriculum. Last month we had the opportunity to watch author and consultant Matt Glover in action. To say we were impressed would be an understatement.

**We invite you to experience the Matt effect at "An Evening with Matt Glover" on Tuesday, March 18 from 6:00 - 7:30 pm at the District Administration Building.** Matt will discuss how to instill a love of writing in your child and leave

you with tips on how to best help your child flourish. The workshop is free and open to all elementary parents.

### **Did You Know?**

During the 2012-2013 year, 872 volunteers contributed 32,746 hours to the Foundation. That's an in-kind donation of nearly \$500,000. If you'd like to learn about our many volunteer opportunities, please contact Robin Callahan, [rcallahan@issaquahschoolsfoundation.org](mailto:rcallahan@issaquahschoolsfoundation.org). Thank you!

**Thank you to the following  
business members for  
supporting our kids!**

Orthodontic Excellence  
Olympic Physical Therapy  
Bob Moawad (John L. Scott)  
Nick Sooy (Farmer's Insurance)  
Acura of Seattle  
Healthy Smile Dentistry  
HomeStreet Bank  
Karen Saino with Coldwell  
Banker Bain  
Lice Knowing You/Nancy  
Gordon  
Loan Central (Doug Blik)  
May Creek Landscaping  
Melissa Larson (Financial  
Advisor)  
Sambica  
Sean Nielsen (Realogics  
Sotheby's International Realty)  
A Kids Place Dentistry  
Dr. Rod Nordberg  
Eastside Pediatric Dental  
Jayme Benson/Jayme's Hair  
Design  
Ken Cole, PT, COMT, FAAOMPT  
Kendra Vadney/Stella & Dot  
Marcie Maxwell & Lisa Lam  
Michelle Woo (Windermere)  
Paula Spence/Emergency-Pac  
Rainier Ballet Academy

**Thank you to our  
corporate sponsors for  
their generous annual  
contributions to Newcastle  
PTSA!**

The more we use their  
services, the more we can do  
for our kids & school!

Orthodontic Excellence  
Safeway  
Everything Party  
Precision Autocraft  
Target  
Office Depot  
Bartells  
GoodSearch.com

## Parent Ed Recap: Love & Logic

Thank you to all who attended this month's PTSA-sponsored parent education Love & Logic two-day series! Tori Berntsen, a certified Love & Logic Facilitator and veteran middle and high school teacher, provided parents with helpful strategies for being the loving authority figure at home, using enforceable statements, and responding to temper tantrums.

Some key take-away messages included:

- Love your kids no matter how hard they make their life.
- Our best parenting happens outside of the emotional moment.
- Parent around principles rather than preferences.

Go to the [PTSA website](#) to view the handouts that Tori provided during her two sessions. If you'd like to learn more about Love & Logic, Tori recommended the following additional resources:

- [www.loveandlogic.com](http://www.loveandlogic.com)
- Parenting with Love and Logic - by Foster Cline and Jim Fay
- Love and Logic Magic: When Kids Leave You Speechless - by Jim Fay and Charles Fay
- Siblings Without Rivalry - by Adele Faber and Elaine Mazlish
- Raising Your Spirited Child - by Mary Sheedy Kurcinka

Each year, the PTSA dedicates funds in its budget to provide opportunities for parent education. The success of the PTSA's fundraising efforts (e.g., via the biennial auction, corporate matching funds and this year's upcoming walkathon) is critical to ensure these programs continue. Thank you for all of your support in these efforts!

If you have any questions or ideas on future parent education seminars you'd like us to consider scheduling, please contact Stina Fluegge ([stinafluegge@gmail.com](mailto:stinafluegge@gmail.com)) or Danielle Dixon ([danielle\\_dixon@comcast.net](mailto:danielle_dixon@comcast.net))

## 2013-2014 PTSA Executive Committee

### Co-Presidents

Kim Plowman/Edana Peacock  
[kpLOWMAN@premieremarket.com](mailto:kpLOWMAN@premieremarket.com)  
[edanatish@aol.com](mailto:edanatish@aol.com)

### VP Volunteers

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### Co-VPs Outreach

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### Co-VPs Ways & Means

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### Secretary

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### Co-Treasurers

Cindy Buono/Rae Miller  
[cindy\\_buono@hotmail.com](mailto:cindy_buono@hotmail.com)  
[raemiller3@gmail.com](mailto:raemiller3@gmail.com)

## Corporate Funding Updates: FREE MONEY FOR OUR SCHOOL!



**eScrip:** During the first five months of the school year, we raised a total of \$1,484.64 through the eScrip program. Please continue to support our PTSA and students by shopping at Safeway using your Safeway card and debit payment, as well as many local merchants, including Thai 65, Vince's Italian Restaurant, and IHOP's. For participating merchants other than Safeway, all you need to do is make sure your eScrip membership is updated with the current credit and debit cards you utilize.

- To check or update your registration, go to:  
[www.escrip.com](http://www.escrip.com)
- For a list of merchants, go to:  
<http://www.escrip.com/merchants/search/index.jsp>



**Box Tops for Education:** Thank you to everyone that helped raise funds for the Newcastle PTSA by sending in your Box Tops for Education during the month of December! So far this school year we have raised \$581 through this program! This total includes all Box Tops submitted through the first week of March. Our goal for the year is to raise a minimum of \$1,000 through this program by April 4<sup>th</sup>. To encourage participation, we're having a CONTEST! If the school meets our goal of \$1,000, **we will have a CRAZY HAIR day later in April!** So, please bring in all of your clipped box tops by April 3<sup>rd</sup>.

Thank you for your help and support! If you have any questions, please contact Christine Norrande at [cnorrande@outlook.com](mailto:cnorrande@outlook.com).



**Target Red Card:** From September 2013 through January 2014, we earned \$300 in donations from our families who've designated Newcastle as their school for their Target Red Cards. If you utilize a Red Card, and haven't yet designated Newcastle as your school, you can do so at:  
<http://www.target.com/redcard/main>. Scroll down and click on the link under "Take Charge of Education".



**Bartell's 'B' Caring Card:** Update on how you can earn for Newcastle by shopping at Bartell Drugs store. eScrip members must sign up for the 'B' Caring Card at Bartell's. When doing so, please notify the clerk that you would like our group "Newcastle Elementary PTSA" or Group ID 500004191 to be linked to your account. A second option for linking our group to your account, once you have signed up for the Bartell's card, you can go online to your eScrip account, and add your 'B' Caring card number to your eScrip account.